



Senior Sidekick Professional Senior Services

"Kicking Your Tasks to the Curb...To Improve Your Quality of Life"

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Live life on *your* terms with a Senior Advocate at your side



Senior Sidekick provides relief for seniors and their families by lifting the burden of stressful, but necessary tasks. We work side-by-side with our clients to determine how best to achieve their best quality of life. Whether you need help applying for government benefits, finding the right housing option, or sorting out everyday tasks, you can enjoy a more secure, carefree and comfortable lifestyle with a professional sidekick.

Personalized

As professional problem solvers, we're dedicated to understanding your needs. Our job isn't finished until you have the answers you seek.

Compassionate

When you come to Senior Sidekick, you're like family. We treat every client with respect and dignity, while helping you relax and enjoy life.

Professional

If you're overwhelmed, you need a knowledgeable and trusted representative at your side. Rest assured our results-oriented sidekick is working for you.

You want to live your best quality of life, but you don't always know how. We do.

When you don't know where to start, start with Senior Sidekick.

[Contact us today](#) for a free, no-commitment consultation.

Senior Sidekick Specialties

- Determining eligibility and applying for government benefits
 - VA Aid and Attendance Pension/Compensation
 - Medicaid
 - Subsidized Housing
- Finding the right housing option for your lifestyle and needs
- Check writing and checkbook balancing
- Correspondence
- Resolving billing issues
- And more.

Live better. Learn how.

Our Philosophy

Seniors deserve to make their own decisions to enjoy their best quality of life. To help you achieve your goals, Senior Sidekick offers advocacy, education, and quality, affordable services for seniors and their families.



Senior Sidekick
Vickie A. Hosek, CPA, CSA, Owner
(210) 241-7778
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"Vickie Hosek is a caring and compassionate professional who is willing to go beyond what is asked of her. She worked hard to resolve a recent situation concerning my Social Security benefits. She helped me get through a very trying time, and I will call her again if I need help in the future.

Irma L. Winn, Spring Branch, TX



[Click for Review](#)



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Assisting the elderly is my passion.



Becoming a senior advocate changed my life forever.

At age 82, my Aunt Betty was destitute and neglected. Her caregivers had abused her financially. My elderly father discovered her situation and was desperate to come to her aid, but he didn't know where to start. He felt overwhelmed and powerless, so he asked if I could help.

I accepted the challenge. Without knowing it at the time, I began my career as a senior advocate.

My father lacked the technological skills and patience to handle the endless emails, faxes, forms, phone calls and follow-ups. I relieved his stress by taking over the job. Through many hours of online research, hundreds of phone calls and plain old persistence, I uncovered the answers to help my aunt. In the process, I also discovered my calling.

About Me: A Senior Advocate

My elderly Aunt Betty is now in a safe, nurturing and healthy environment, and I relieved my father of years of anxiety.

Through the experience, I fell in love with senior assistance, taking on even the most tedious and challenging tasks. Improving the quality of my aunt's life was such a wonderful experience that I decided to make helping seniors - changing their lives for the better - my profession. I founded Senior Sidekick in 2009 and became a professional senior advocate in San Antonio, Texas.

Now I help seniors handle bookkeeping tasks and claim their benefits, such as subsidized housing, utility subsidies, Meals On Wheels, Medicaid, HUD and much more.

I call myself a sidekick, but some might call me a bulldog when it comes to senior assistance. Give me a nibble, and I won't let go until I have solved the problem.

I would love to be your sidekick! Just as Robin reinforces his hero Batman, I faithfully serve and defend many senior heroes. As an advocate, assistant, advisor, and problem solver, I believe helping seniors achieve their best quality of life is as exciting and fulfilling as any superhero adventure.

Let us help you or your loved one with any problem you might have. [Contact us](#) so we can discuss your needs.

Certifications and Experience

Certified Public Accountant (CPA) to provide expert assistance with bills and bookkeeping

Certified Senior Advisor (CSA)* to share my knowledge of the specific needs of the elderly

Coursework in:

- Housing and community-based services
- Medicare, Medicaid and Social Security
- Nutrition, fitness and healthy lifestyles
- Physiological and psychological effects of aging
- Family, caregivers and social support systems
- Ethics of doing business with seniors



More than four years of experience in the non-medical senior health field, so you know you have a professional by your side.

Senior Sidekick is bonded and insured, so you know you're in good hands.



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Services - Benefits and Housing



Live Comfortably.

Apply for government aid - without the hassle.

Changing eligibility rules, all those government forms, tracking your application and following up. It's frustrating and exhausting. Plus, you could be missing out on benefits you didn't even know existed.

We can lift that burden from your shoulders.

Senior Sidekick specializes in helping seniors with:

- Medicaid
- Veterans' Aid and Attendance Pension/Compensation Benefits

[Contact us today](#) to get help with claiming your government benefits.

Maintain your independence.

Don't worry. We'll make all the phone calls and get the paperwork in order.

Our advocates can answer your questions about:

- Medicare home health care
- Obtaining a disabled parking placard
- Subsidized Housing

If there's a question we can't answer, we'll track it down - so you don't have to.

Stretch your dollar.

Don't throw money away! Your senior advocate will find out if you're eligible for assistance. We can help with requests and applications for:

- Subsidized utility costs
- Food stamps
- Meals on Wheels

Come to us with your questions, and you'll be surprised how easy life can be with an advocate by your side. Please [contact us today](#).

Make a move - To your new home

When your children have moved out and you're tired of managing a large home, call on us. We love helping seniors just like you find new homes where they are more comfortable. Of course, there are other reasons to look for a new home, including health issues and changes in income. We will do our very best to find your best option.

- Independent living retirement apartments - Downsize your home and your responsibilities. You'll also find neighbors who share your interests and concerns.
- Assisted Living Apartments - Get the help you need while maintaining your independence.
- Nursing Home Facilities - Constant care means you'll always have someone there to assist in times of need.
- If money is a concern, our knowledgeable advocates can find out if you qualify for subsidized housing.





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Bookkeeping and Task Management



Want more leisure time?

Senior Sidekick is ready to handle your tedious, time-consuming tasks!

Bookkeeping

Save yourself the trouble of balancing the checkbook and paying the bills. Stop wondering if all those fees and receipts are accurate. Call in a sidekick! Our experienced CPA can manage your day-to-day monetary tasks and keep your records up to date.

We've handled these obligations for seniors just like you:

- Resolve discrepancies between receipts and services rendered
- Investigate questionable bills, such as bank fees and utility statements
- Update and balance your checkbook
- Prepare checks for your signature or set up electronic and automatic bill paying
- Ensure your bills are paid on time

Contact our CPA today at 210-241-7778 for help with your bookkeeping needs.



No-Fuss Task Management

Say goodbye to frustrating billing departments and rude service representatives. No more putting off important correspondence. We offer no-fuss task management to tackle those pesky chores for you..

Creditors calling? Your sidekick will investigate questionable bills and unpaid balances.

Need important documents? We'll help you get a Texas Photo ID card, parking placard, copies of birth and marriage certificates, and more!

Are caseworkers confusing you? Our senior advocate will act as your liaison to find the answers you need.

Want to stay connected to loved ones? We can draft letters and create customized greeting cards for your personal communications.

Feeling ignored? Our senior advocate will ensure your voice gets heard. We can draft business letters for dispute resolution and other purposes.



Tell us your concern!

If you don't see the service you need listed here, ask us about it. We've already handled a long list of problems for seniors just like you. No task is too big or too small.

We love to solve problems, and we'll help you find a solution.

Please [contact us](#) today for help with all your needs.